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Phytochemical and neuroprotective evaluation of *Citrus aurantium* essential oil on cerebral ischemia and reperfusion

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Abstract

This study was conducted to investigate the neuroprotective effect of *Citrus aurantium* essential oil on hippocampal injury induced by transient global cerebral ischemia and reperfusion in rat. In total 50 rats were randomly assigned into five groups; control, sham, ischemia, and essential oil-treated (50 or 75 mg/kg) rats. Ischemia was induced by occlusion of the carotid artery for 30 min. Spatial memory, passive avoidance learning, anti-oxidant capacity, and lipid peroxidation during ischemia/reperfusion were evaluated. The compounds of the essential oil were analyzed by gas chromatography/mass spectrometry. Induction of ischemia/reperfusion caused a decline in learning and passive avoidance memory in rats. *C. aurantium* exerted protective effects on the spatial memory, passive avoidance learning, anti-oxidant capacity, and lipid peroxidation during ischemia/reperfusion in animals. The main compounds of the essential oil were camphor (45.9%), thymol (11.2%), linalool (6.6%), carvacrol (6.3%) and borneol (2.9%). The essential oil with anti-oxidant compounds significantly decreased the symptoms of ischemia/reperfusion injury.

Introduction

Cerebral ischemia refers to reduction of brain blood supply which leads to reduced brain oxygen or cerebral hypoxia resulting in stroke or death of the brain tissue (Nussmeier, 2002). Atherosclerosis, blood clot, embolism, vessels contraction, hypotension, suffocation and tachycardia are predisposing factors for the ischemia (Hadjinikolaou et al., 2004). Reperfusion usually causes more severe tissue damage. While a sharp reduction or temporary interruption of blood flow in an area of the brain causes ischemia and after a short time, the cells in the central region (core) are destroyed, but the surrounding cells in the penumbra survive for a longer time due to receiving the blood from the surrounding regions (Adams et al., 1993; Hossmann, 1994). Ischemia causes decline in transfer of oxygen and nutrients to

tissues and consequently dysfunction of the respective organs (Aazami, 2004). Moreover, decreased cell oxygen concentration causes decrease in adenosine triphosphate (ATP). In such condition, the cell uses anaerobic respiration to produce ATP for survival, which causes lactate accumulation and then acidosis and cell death (Pham-Huy et al., 2008; Wells et al., 2010).

Free radicals have unpaired electrons that can induce damage to many biomolecules such as nucleic acids, proteins, and lipids and disturb the structure and function of these molecules (Bakhtiari et al., 2017; Niki et al., 1995). Malondialdehyde is one of the most important final products of reactions of free radicals and one of the products of lipids oxidation (Nakai et al., 2000). Nature neutralizes these invasive agents through



developing anti-oxidant processes. Generally, anti-oxidants prevent the formation of free radicals such as reactive oxygen species (ROS) or scavenge them. These agents reduce the lipid peroxidation and damage to DNA. Normally, there is a balance between production of free radicals and anti-oxidant defense system, but if this condition is disturbed for any reason, a condition called oxidative stress occurs (Bir et al., 2006; Faraji et al., 2008).

The hippocampus is a structure on the floor of the lateral ventricle in the temporal lobe in the brain (Meilandt et al., 2004). This structure plays a fundamental role in consolidating memory and spatial learning in the mammals (Hritcu et al., 2017), and is highly susceptible to ischemia and hypoxia (Meilandt et al., 2004).

Actually, due to the multifarious pathological process of ischemia, using a synthetic and single therapy does not seem effective and hence researches for seeking potent lead compounds is rising. Furthermore, it has been increased more consideration to medicinal plants and their active components as an active source in the management of ischemia (Jamshidi-Kia et al., 2018).

Citrus aurantium L. is one of the highly consumed and native medicinal plants of Iran that is called sour orange (Huang et al., 1995). It has several properties in Iranian traditional medicine such as gastric secretion-lowering, anti-bleeding, anti-bile and sedative activities. The flowers of this plant are used to treat neurological disorders such as hysteria, seizure and anxiety (Mahmoudi et al., 2005; Chutia et al., 2008; Espina et al., 2010). Given the anti-oxidant properties of *C. aurantium*, we conducted this study to investigate the neuro-protective effect of *C. aurantium* essential oil on damage induced by transient global cerebral ischemia and reperfusion in Wistar rats.

Materials and Methods

Extraction of essential oils

C. aurantium flowers were collected and botanically authenticated by a botanist (Dr. Hamze-ali Shirmardi) and deposited a specimen in the Herbarium unit of Medical Plants Research Center, Shahrekord University Medical Sciences, Shahrekord, Iran (Herbarium no. 324). Powdered flower was distilled in water using a Clevenger-type apparatus. The extraction was conducted for 4 hours and then the essential oil collected and dehydrated using water-free sodium sulfate. The prepared essential oil was stored at -20°C until injection to the gas chromatography/mass spectrometry.

Analysis of essential oil

Gas chromatography/mass spectrometry analysis of

the oil was performed on a ThermoQuest-Finnigan chromatograph; model TRACE MS using a capillary column (DB-5, 30 m × 0.25 mm). Split ratio was 1/100 and the flow rate for the helium carrier gas (99.999%) was 1.1 mL/min; injector temperature, 250°C. The sample (0.2 µL) was injected under split condition, ionization energy, 70 Ev. The temperature program was 60–250°C at a rate of 5°C/min; the column used and other operating conditions were the same as those of gas chromatography; transfer-line temperature was 250°C. n-Alkanes were used to calculate the Kovat's Indices (KI) for the detected compounds. Tentative identification of the compounds was based on the comparison of their relative retention time and mass spectra with those from Wiley 275 and Adams data libraries for Gas chromatography/mass spectrometry (Adams and Sparkman, 2007).

Determining the anti-oxidant capacity of essential oil

After preparing the essential oil stock and DPPH (2, 2-diphenyl-1-picrylhydrazyl), the samples were incubated in the dark for 15 min and the samples' absorbance was read at 517 nm. Ethanol was used as blank and DPPH used as control. After calculating the inhibition rate of free radicals by the essential oil, anti-oxidant activity was reported as IC₅₀ (Pourmorad et al., 2006).

Animals

Fifty male adult Wistar rats weighing 250-300 g were kept at 21 ± 2°C temperature, under 12 hours dark/light cycle with free access to the same food and water were used. The rats were assigned to 5 groups: Group 1: Control group that underwent no surgery and were administered with distilled water alone; Group 2: Sham group that underwent surgery without drug administration and were administered distilled water alone; Group 3: Ischemia group that underwent ischemia without drug administration and were administered distilled water alone; Groups 4 and 5 received *C. aurantium* essential oil (50 and 75 mg/kg, respectively) and were induced ischemia. The essential oil was administered intraperitoneally.

Induction of ischemia

After induction of anesthesia using 400 mg/kg of chloral hydrate, anterior lateral region of the neck underwent surgery after carotid sheath was determined, and common carotid arteries were accurately identified and separated from the vagosympathetic nerve. Then, carotid arteries were occluded for 30 min. Behavioral tests were conducted one week after the induction of ischemia. At completion of the behavioral tests, the heart blood samples were collected. Finally, hippocampus, cortex, and subcortex were taken out from the brain, separated on the ice and used for biochemical analyses. The blood samples were centrifuged and the serum isolated and used for the biochemical analyses.

Water maze test

To conduct the water maze test, each rat was given a 60 sec to find the platform. If they could not find the platform, they were guided to it by the researcher. Between each two trials, the rats were given a 30 sec opportunity to rest so that they could examine the surrounding. Between two blocks, the rats were taken out from water for 10 min to rest in the cage. Each rat was trained for four days, four times per day, and the test was repeated on day 5 without the platform that was considered probe day (Quervain et al., 1998).

Anti-oxidant capacity of the serum and brain

To measure the anti-oxidant capacity of serum and brain, three solutions were used consisting of buffer (1.55 mL sodium acetate, 8 mL concentrated acetic acid reaching 500 mL by adding distilled water), ferrous chloride solution [270 mg FeCl₃ (6H₂O) reaching 50 mL by adding distilled water] and triazine solution (47 mg triazine solved in 40 mL of 40 mM HCl). The labor solution was prepared by addition of 10 mL of the first solution, 1 mL of the second solution, and 1 mL of the third solution. 25 µL of the serum sample and 25 µL of the homogenized brain sample were added to 1.5 mL of the labor solution and then kept at 37°C. Optical

absorbance was read at 593 nm wavelength (Benzie et al., 1999).

Serum and brain malondialdehyde levels

To measure the amount of the serum malondialdehyde, thiobarbituric acid (0.5 g) was mixed with acetic acid (20%, 80 mL) and then the pH was set at 3.5 using NaOH and its volume reached 100 mL by adding acetic acid (20%). The serum sample (100 µL) was mixed with SDS (8.1%, 100 µL) and the labor solution (2.5 mL). The samples were placed in a bain-marie for 60 min and then cooled and centrifuged at 4,000 rpm. The optical absorbance of the supernatant was recorded at 523 nm wavelength.

To measure the brain malondialdehyde, the brain tissue (1 g) in cooled KCL (2.5%) was homogenized at 10% (weight-volume) proportion, and then incubated in a metabolic shaker at 37 ± 1°C for 60 min. Then, tetrachloroacetic acid (5%, 1 mL) and thiobarbituric acid (67%, 1 mL) were added to it and mixed well after each step. The content of each vial was transferred to the centrifugation tube and centrifuged at 2,000 rpm for 15 min. Then, the supernatant was transferred to another tube and placed in bain-marie. After 10 min, the tubes were cooled and the absorbance was read at 535 nm

Box 1: Shuttle Box Test**Principle**

The shuttle box provides an environment to carry out the conditioned reflexes (active and passive avoidance) in two steps: learning and memory test.

Requirements

Computer; Rat; Shuttle box (Borj-Sanat Azma, Iran); Software; Stimulator (ST-5500)

Component

The shuttle box consists of two equally sized illuminated and dark compartments (20 × 80 × 20 cm) with two independent grid floors. The floor of the dark compartment had a stainless steel shock grid floor. The electric shock was delivered to the grid floor with a stimulator (50 Hz, 1 mA for 1 sec). These two compartments were separated by a guillotine door (7 × 9 cm) that could be raised to 10 cm. A door at the top allows an easy access of the rat to inside the box. The cage contains a general sound generator and a visual stimulus (light) for each compartment.

Procedure**Day 1**

Each rat was placed in the instrument to accustom it

Day 2

Each rat was placed in the instrument to accustom it

Day 3

A test of acquisition was conducted.

Step 1: The rat was separately placed into the illuminated compartment

Step 2: After a period of acculturation (for 2 min), the guillotine door was opened. Upon entry into the dark compartment, the door was closed

Step 3: An electrical shock was exerted on the rat such that it just paddled.

Step 4: The rat was returned to its home cage after 20 sec

Step 5: The rat was again placed into the illuminated compartment after 2 min

Step 6: The delay in entering the dark compartment was recorded

Comment: If the rat did not enter the dark compartment within 2 min, successful acquisition of passive avoidance response would be recorded

Day 4

Step 1: The same test in similar manner was carried out on each rat without stimulation. The delay in entering the dark compartment was recorded to a maximum of 5 min.

Comment: Short latencies mean poor retention compared to the significant longer latencies.

Advantage

The shuttle box can be easily set up and dismantled.

References

Khalili et al., 2009; Hosseinzadeh et al., 2013

Table I				
Chemical composition of <i>C. aurantium</i> essential oil				
No.	Compound	Rt	RI ^a	Area% GCMS
1	Benzaldehyde	4.6	961.1	0.7
2	p-Cymene	5.8	1022.1	0.4
3	Limonene	5.8	1025.7	1.2
4	1,8-Cineole	5.9	1028.4	1.3
5	Benzene acetaldehyde	6.2	1042.3	2.2
6	γ-Terpinene	6.5	1055.4	0.2
7	Unknown	6.9	1072.1	1.1
8	trans-Linalool oxide	7.2	1086.5	0.5
9	Linalool	7.4	1097.3	6.6
10	Hotrienol	7.5	1102.5	0.05
11	trans-Pinocarveol	8.4	1140.5	0.5
12	Camphor	8.6	1145.1	45.9
13	Citronellal	8.7	1151.1	0.4
14	Borneol	9.1	1168.4	2.9
15	Terpinen-4-ol	9.4	1179.7	0.5
16	p-Cymen-8-ol	9.6	1190.3	0.7
17	α-Terpineol	9.7	1194.5	0.6
18	Myrtenal	9.9	1200.7	0.2
19	Myrtenol	9.9	1203	0.3
20	trans-Carveol	10.5	1223.6	0.4
21	Pulegone	11.0	1241.3	0.1
22	Cuminic aldehyde	11	1242.4	0.1
23	Carvone	11.1	1245.4	0.4
24	Thymol	12.4	1294.1	11.2
25	Carvacrol	12.7	1304.3	6.3
26	Piperitenone	13.6	1342.3	0.4
27	Piperitenone oxide	14.2	1365.6	2.9
28	trans-Caryophyllene	15.5	1418	0.3
29	β-Selinene	17.2	1484.9	0.6
30	Bisabolene<beta->	17.7	1505.2	0.3
31	2,5-Di-tert-butylphenol	17.8	1511.2	0.3
32	Nerolidol<E->	19.0	1560.9	0.5
33	Spathulenol	19.4	1577.7	0.4
34	Caryophyllene oxide	19.5	1582.4	0.9
35	Globulol	19.5	1585	1.6
36	Viridiflorol	19.7	1591.8	0.3
37	β-Eudesmol	21.0	1650.9	1.8
38	Bisabolol oxide B <alpha->	21.1	1655.4	0.2
39	n-Heptadecane	21.9	1688.4	2
40	n-Octadecane	24.0	1797.5	0.6
41	n-Nonadecane	26.1	1898	0.6
42	Dibutyl phthalate	27.4	1966.3	0.5
43	n-Eicosane	28.0	1999	0.4
44	n-Heneicosane	29.9	2100.6	0.6
45	n-Docosane	31.7	2198.9	0.2
46	n-Tricosane	33.4	2297.7	0.3

^aRetention index

wavelength (Karatas et al., 2002).

Data analysis

The data were expressed as mean ± SEM and analyzed by one-way ANOVA and Tukey's post-hoc test in Excel and SPSS 20 software. The inter-group differences were considered significant if $p < 0.05$.

Results

Essential oil analysis

Based on gas chromatography/mass spectrometry analysis, 46 compounds were identified in the *C. aurantium* essential oil comprising 98.9% of the whole compounds of the essential oil (Figure 1). The main compounds of the essential oil were camphor (45.9%), thymol (11.2%), linalool (6.6%), carvacrol (6.3%) and borneol (2.9%) as shown in Table I.

Effect on learning and spatial memory in Morris water maze test

The findings of Morris water maze test demonstrated that latency to find the platform on day 3 was higher in the ischemic group compared to other groups, and the control group displayed the shortest latency. Intraperitoneal administration with 50 and 75 mg/kg of the essential oil caused a significant decrease in the latency to find the platform compared to the ischemia group ($p < 0.001$). There was no significant difference in the latency time among the control, sham, and the essential oil (50 and 75 mg/kg) groups ($p > 0.05$). There was no significant difference between the two essential oil (50 and 75 mg/kg) treated groups ($p > 0.05$) (Figure 2).

Latency to find the platform on day 4 was higher in the ischemia group compared to other groups, and the control group displayed the shortest latency. Intraperitoneal administration with 50 and 75 mg/kg of the essential oil caused a significant decrease in the latency to find the platform compared to the ischemia group ($p < 0.001$). There was no significant difference in the latency time among the control and the essential oil (50 mg/kg) groups ($p > 0.05$). There was a significant difference between the two essential oil (50 and 75 mg/kg) treated groups ($p < 0.01$) (Figure 2).

Duration of swimming in target zone on the probe day was higher in the control group than other groups, and in the ischemia group, this duration was shorter than that in other groups. Intraperitoneal administration with 50 and 75 mg/kg of the essential oil caused a significant increase in the duration of swimming in target zone compared to the ischemia group ($p < 0.001$). There was no significant difference in the duration of swimming in target zone among the control, sham, and the essential oil (50 mg/kg) groups ($p > 0.05$). There was

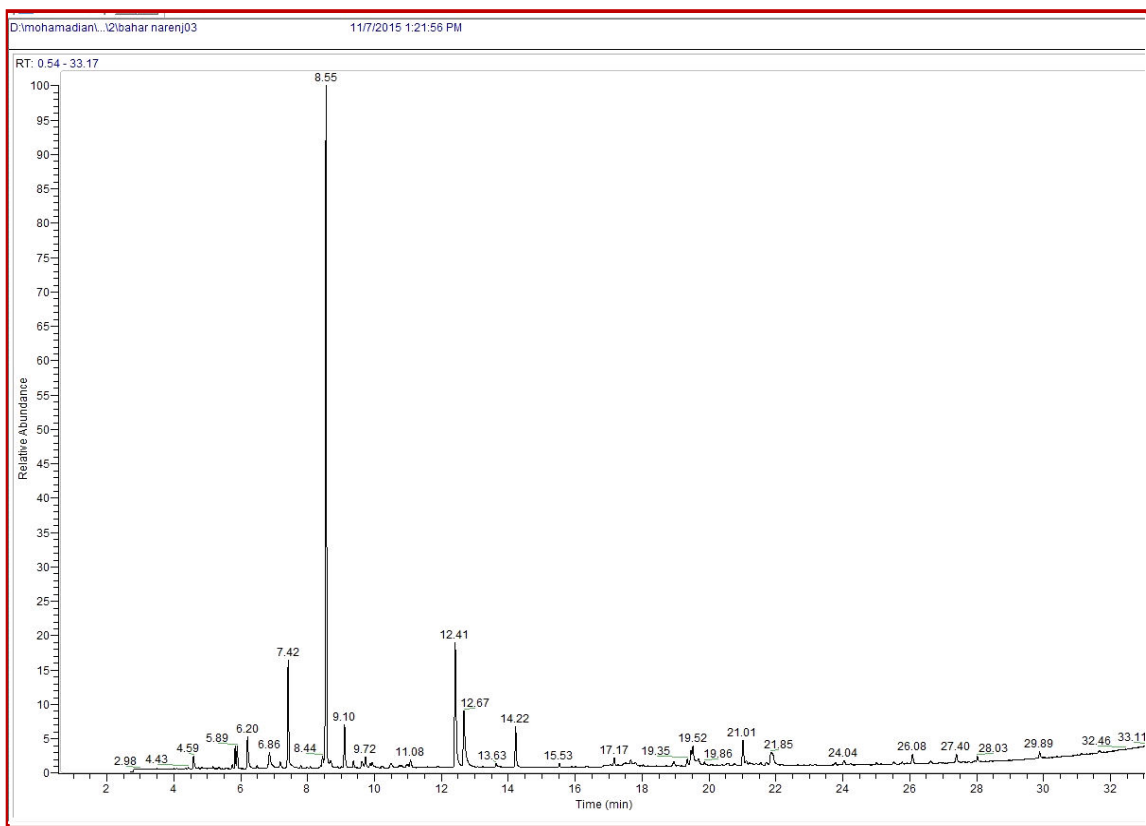


Figure 1: Chromatographic spectrum of *C. aurantium* essential oil

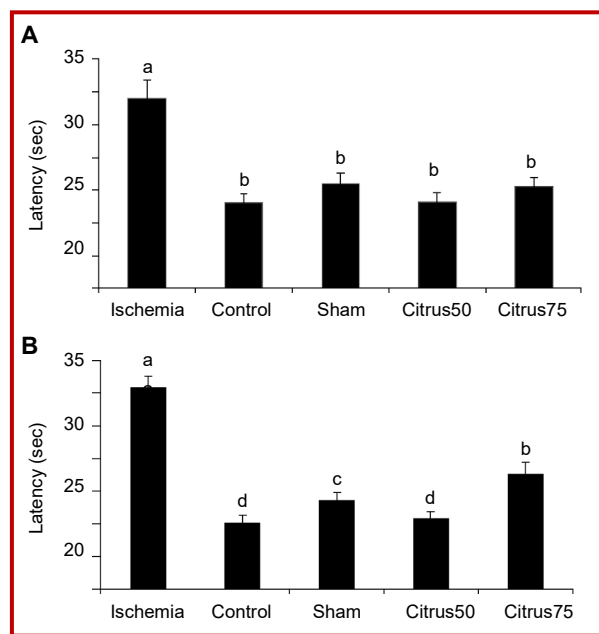


Figure 2: Comparison of the latency to find the platform on day 3 (A) and day 4 (B) between ischemia group and other groups. Similar letters represent no significant difference and dissimilar letters represent significant difference ($p < 0.05$) (Citrus75 and Citrus50: treated with 75 and 50 mg/kg of *C. aurantium* essential oil, respectively)

a significant difference between the two essential oil (50 and 75 mg/kg)-treated groups ($p < 0.01$) (Figure 3).

Effect on passive avoidance memory in shuttle box test

The time difference between the primary and secondary latency was highly marked in the control group. This difference in the ischemia group was slight. In the essential oil-treated groups, the time difference decreased with increase in the essential oil dose. The secondary latency was higher in the control group than other groups and lowest in the ischemia group. Intraperitoneal administration with 50 and 75 mg/kg caused a significant increase in the secondary latency compared to the ischemia group ($p < 0.001$). There was no significant difference in the secondary latency among the control, sham, and the essential oil (50 and 75 mg/kg) groups ($p > 0.05$). There was no significant difference between the two essential oil (50 and 75 mg/kg) treated groups ($p > 0.05$), as well (Figure 3).

Effect on anti-oxidant capacity of serum and brain

The findings demonstrated that the anti-oxidant capacity of the serum was significantly higher in the rats treated with 50 and 75 mg/kg of the *C. aurantium* essential oil than in the ischemia group ($p < 0.001$ and $p < 0.05$, respectively). Moreover, the anti-oxidant capacity of the brain was significantly higher in rats

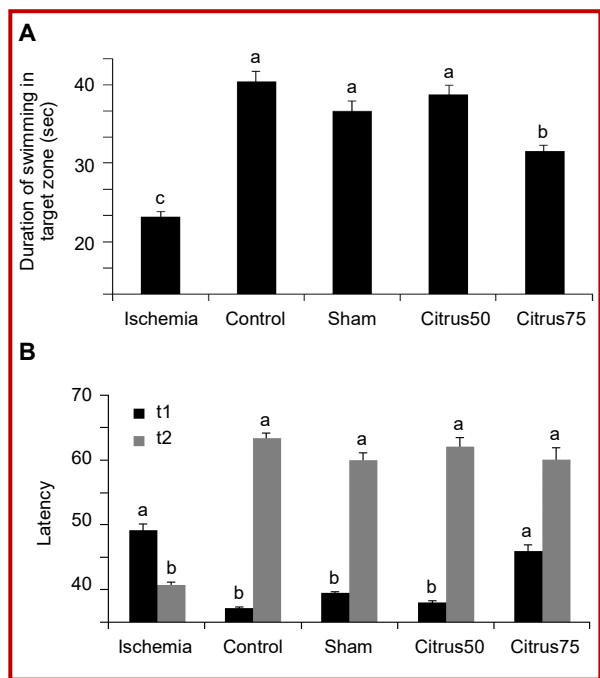


Figure 3: Comparison of the probe day, duration of swimming in target zone (A); Comparison of primary and secondary latency (B) in different groups. Similar letters represent no significant difference and dissimilar letters represent significant difference ($p < 0.05$) (Citrus75 and Citrus50: treated with 75 and 50 mg/kg of *C. aurantium* essential oil, respectively)

treated with 50 and 75 mg/kg of the *C. aurantium* essential oil than in the ischemia group ($p < 0.001$). The anti-oxidant capacity of the serum as well as brain was not significantly different between the control, sham and the essential oil (50 mg/kg) groups ($p > 0.05$). There was a significant difference between the two essential oil treated groups ($p < 0.001$) (Figure 4).

Effect on malondialdehyde of serum and brain

The findings demonstrated that the serum malondialdehyde level was significantly lower in rats treated with 50 and 75 mg/kg of the *C. aurantium* essential oil

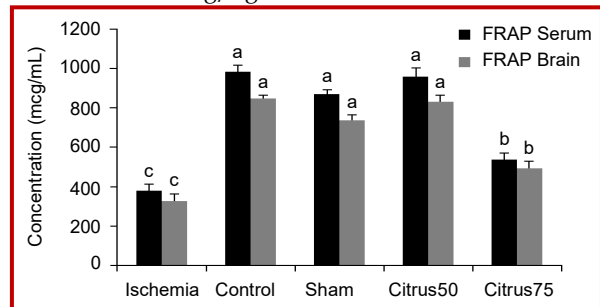


Figure 4: Comparison of anti-oxidant capacity of the serum and brain, similar letters represent no significant difference and dissimilar letters represent significant difference ($p < 0.05$) (Citrus75 and Citrus50: treated with 75 and 50 mg/kg of essential oil, respectively)

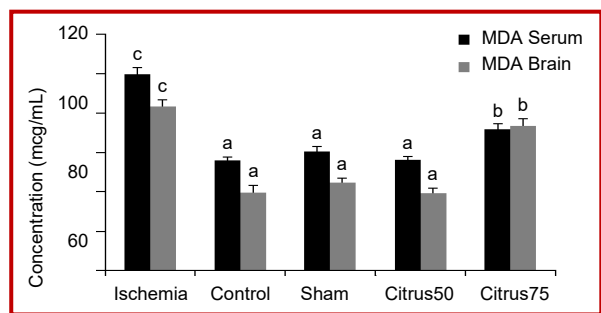


Figure 5: Comparison of the serum and brain MDA level, similar letters represent no significant difference and dissimilar letters represent significant difference ($p < 0.05$) (Citrus75 and Citrus50: treated with 75 and 50 mg/kg of essential oil, respectively)

than in the ischemia group ($p < 0.001$). Moreover, the brain malondialdehyde level was significantly lower in the rats treated with 50 mg/kg of the *C. aurantium* essential oil than in the ischemia group ($p < 0.001$). The brain malondialdehyde level was not significantly different between the ischemia and essential oil (75 mg/kg) groups ($p > 0.05$). The serum and brain malondialdehyde levels were not significantly different between the control, sham and the essential oil (50 mg/kg) groups ($p > 0.05$). There was a significant difference between the two essential oil (50 and 75 mg/kg) treated groups ($p < 0.001$) (Figure 5).

Discussion

In the present study, the findings on anti-oxidant capacity of the serum and brain decreased in the ischemia group compared to the control group. The brain and serum anti-oxidant capacity increased in *C. aurantium*-treated groups compared to the ischemia group. This finding represents the enhanced anti-oxidant capacity of the serum after administration with the *C. aurantium* essential oil.

Increased levels of malondialdehyde due to lipid peroxidation induced by release of free radicals occur after ischemic/reperfusion injury. Therefore, it seems that the effects of *C. aurantium* essential oil in inhibiting lipid peroxidation and possibly its anti-ischemia effects are due to the presence of anti-oxidant and free radical-inhibiting compounds. The results of malondialdehyde level of the brain and serum in the current study demonstrated that these variables increased in the ischemia group compared to the control group. Moreover, the serum and brain malondialdehyde levels decreased considerably in *C. aurantium* treated groups compared to the ischemia group which indicates the protective effects of the essential oil compounds in decreasing lipid peroxidation. Therefore, it seems that the decrease in malondialdehyde levels through *C. aurantium* essential oil is associated with the anti-

oxidant capacity of this plant. Moreover, *C. aurantium* essential oil anti-oxidant capacity could be attributed to presence of the main compounds of *C. aurantium* essential oil.

The percentage of the isolated compounds from *C. aurantium* essential oil by gas chromatography/mass spectrometry in this study was 2.9% for borneol, 6.3% for carvacrol, 6.6% for linalool, 11.2% for thymol, and 45.9% for camphor. Espina et al. (2010) reported the percentage of linalool 0.47%, thymol 0.12%, and carvacrol 0.10%. Chutia et al. (2008) study demonstrated that linalool to comprise 0.7% of *C. aurantium* essential oil, and Hosni et al. (2010) study found borneol to comprise $0.01 \pm 0.01\%$ and linalool $0.17 \pm 0.06\%$ (Espina et al., 2010; Chutia et al., 2008; Hosni et al., 2010). The inconsistency in the findings on the chemical compounds of the essential oil in different studies can be related to differences in the weather conditions, the method and duration of isolation of the essential oil, the season of harvest, geographical region, and growth of different parts of the plant (Aminzadeh et al., 2010).

Carvacrol has different biological activities as a main compound of this essential oil. Suo et al. (2014) study demonstrated that carvacrol prevented liver ischemia through its anti-oxidant activity via P13K-Akt signaling pathway by decreasing malondialdehyde and ROS level. In addition, carvacrol increases the activities of catalase, superoxide dismutase, and glutathione oxidase. Carvacrol also increases the P-Akt level and exerts protective effects on the brain ischemic injury, and can easily pass through the blood-brain barrier because of having a low molecular weight. Through increasing Bax/BCL-2 ratio, carvacrol can exert antiapoptotic property and can protect brain ischemia through inhibiting TRPm7 (Suo et al., 2014). Another study showed that thymol could exert anti-inflammatory property through decreasing the levels of inflammatory factors such as troponin1, hsCRP, TBARS, and ST-segments as well as decreasing TNF- α , IL-6, and IL-1 β (Meeran et al., 2015).

The results of Morris water maze test in this study demonstrated that in the ischemia group, the latency to find the platform on days 3 and 4 was much higher than that in the control group. This time decreased in the essential oil treated groups compared to the ischemia group. Moreover, the results of this test on the probe day demonstrated that the duration of swimming in the target zone was much lower in the ischemia group compared to the control group, and increased in the essential oil treated groups compared to the ischemia group. This finding represents that spatial memory and learning of the place of the platform enhanced in the essential oil-treated groups.

The results of shuttle box test in the present study demonstrated that the difference between t_1 and t_2 was

slight in the ischemia group which represents decrease in passive avoidance memory due to ischemia. Moreover, such difference was more marked in the essential oil treated groups compared to the ischemia group while it was highly marked in the group treated with 50 mg/kg of the essential oil. This finding represents that passive avoidance memory enhanced in the essential oil-treated groups.

Linalool, one of the main compounds of *C. aurantium* essential oil, has anti-oxidant and anti-inflammatory properties. It was reported that linalool helped enhance memory and learning through decreasing the levels of inflammatory factors such as P38MAPK, NOS2, COX2, and IL-1 β and increase in glutathione synthetase, INOS, COX-2, and P38MAPK (Sabogal-Guaqueta et al., 2016). Another study demonstrated that linalool could exert anti-inflammatory and anti-ischemic properties through inhibiting lipid peroxidation and free radicals (Park et al., 2016). Besides that, linalool inhibits production of chemokine mcp-1 which occurs during ischemia. Linalool prevents accumulation of the inflammatory cells in the brain through affecting mcp-1.

Borneol is another main compound of *C. aurantium* essential oil that is a bicyclic organic compound and a terpene, and can be found in many species. This compound can easily pass through the blood-brain barrier and help absorb many compounds from the blood-brain barrier. Liu et al. (2011) study indicated that borneol caused return of oxygen and glucose to reach normal condition during reperfusion nerve injury-induced and inhibition of ROS. In addition, it increases the expression of the induced activity of nitric oxide synthase and inhibits caspase 2, released factors in inflammation, and I κ B α (Liu et al., 2011). Sayed et al. study demonstrated that the level of TNF- α , that is an inflammatory factor, decreased after administration with thymol and carvacrol. Thymol and carvacrol exert anti-inflammatory effect via suppressing TNF- α and display antiapoptotic property via decreasing caspase 3 activity (El-Sayed et al., 2015).

The results of data analysis demonstrated that anti-oxidant property of the essential oil declined with increase in its dose. Regarding the available evidence, this finding can be explained by production of ROS following increasing the dose of anti-oxidant compounds to a specific level, which leads to decrease in anti-oxidant properties of these compounds and therefore decline in useful behavioral effects due to anti-oxidant property (Asgary et al., 2011).

Conclusion

C. aurantium essential oil due to anti-oxidant compounds has protective effects on spatial memory and passive avoidance learning during ischemia/

reperfusion. Hence, it might be beneficial to decrease the symptoms of ischemic patients.

Ethical Issue

The investigation conformed to the Guide for the Care and Use of Laboratory Animal, according to the ethical guidelines of IR SKUMS Bioethics Committee (Rec.2015.148).

Conflict of Interest

The authors declare no conflict of interest.

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